

Dublin Counselling and Therapy Centre



**SUPERVISION TRAINING FOR
PSYCHOTHERAPISTS / COUNSELLORS**

Professional Diploma Programme

2025

**41 Upper Gardiner Street
Dubin 1
Telephone: (01) 8788236
e-mail: info@dctc.ie**

Dublin Counselling and Therapy Centre

Diploma Programme in Supervision 2025

Course Entry Criteria

This Diploma programme is open to accredited psychotherapists and counsellors who have a minimum of four years clinical experience since their accreditation. The programme is suitable for those who are intending to become supervisors as well as for those who are already practising as supervisors. All applications for entry to the course should be accompanied by a reference form completed and signed by the applicant's supervisor. As there is a limit on the number of places being offered, some applications may not be accepted.

Course Content

The contents of the course will be drawn principally from the work of Val Wosket and Steve Page whose book "*Supervising the Counsellor and Psychotherapist, a Cyclical Model*", 3rd edition (Routledge 2015) will be the core reading text for the course. This model will provide participants with a comprehensive and systematic approach to the theory and practice of supervision, while accommodating within it other supervision approaches as well.

Course Structure & Requirements

The course will be run over 12 months, totalling 140 hours of training between January and end of November 2025. These hours will be made up of an induction day, 6 training weekends and one clinical seminar day (all tutor-contact hours) as well as directed study hours and external supervision outside of the training schedule. The course induction day (January) and the clinical seminar day (June) will take place on Saturdays (full days). Each of the 6 training weekends will comprise full days on both Saturday and Sunday. Participants are required to complete 25 hours of supervision practice during the programme under both external (student's own supervisor) and internal (course tutors) supervision.

Accreditation as a Supervisor

This Diploma Programme meets all of the training criteria for supervisor accreditation with IAHIP and is also formally recognised for supervisor accreditation by IACP.

Venue: Dublin Counselling & Therapy Centre, 41 Upper Gardiner Street, Dublin 1.

Each weekend will include:

- Theory input/workshop presentation
- Supervised skills practice
- Group supervision (by tutors) of supervision practice undertaken outside of course hours

Assessment

Assessment will be ongoing during the course and will include both theoretical and practical elements. These will include:

- Live practical assessment of supervision competence
- An essay on the theory and practice of supervision

Successful participants will be awarded the ‘Diploma in Supervision’

Course Dates 2025

January	Saturday 25 th	9.30 – 5.30
February	Saturday 22 nd & Sunday 23 rd	9.30 – 5.30
April	Saturday 5 th & Sunday 6 th	9.30 – 5.30
May	Saturday 10 th & Sunday 11 th	9.30 – 5.30
June	Saturday 7 th	9.30 – 5.30
September	Saturday 6 th & Sunday 7 th	9.30 – 5.30
October	Saturday 11 th & Sunday 12 th	9.30 – 5.30
November	Saturday 29 th & Sunday 30 th	9.30 – 5.30

Cost: €2,850 Booking deposit with application (non-refundable): €500

(If it is not possible to offer you a place on this course your deposit will be returned)

To apply please submit completed Application Form, Supervisor’s Reference Form and Deposit to:

**The Administrator
Dublin Counselling and Therapy Centre
41 Upper Gardiner Street
Dublin 1**

Course Tutors

Teaching and assessment responsibilities will be shared by the following team of tutors:

Maeve Lewis

Psychotherapist and Accredited Supervisor (IAHIP).

Maeve is Director of One in Four. She is an experienced trainer of psychotherapists and supervisors and continues to practise as a psychotherapist and supervisor from a humanistic perspective. She has a particular interest in psychological trauma and has worked on numerous international projects in places such as Rwanda and Sierra Leone.

Mary Hilliard

Psychotherapist and Accredited Supervisor (IAHIP).

Mary is a psychotherapist and supervisor who works from a humanistic and integrative orientation. She is an experienced trainer of psychotherapists and psychotherapy supervisors and she maintains a private practice in Dublin.

John Searson

M.Sc., H.Dip Counselling and Psychotherapy, Dip. Supervision, MIACP, MIAHIP.

John is an intergrative psychotherapist, supervisor and lecturer working in private practice in Dublin, specialising in working with children and adolescents. John has also furthered his studies in trauma, neuro-psychotherapy, creative psychotherapy, self-harm behaviours and suicidology.

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