

**Dublin Counselling and Therapy Centre**



**SUPERVISION TRAINING FOR  
PSYCHOTHERAPISTS / COUNSELLORS**

**Professional Diploma Programme**

**2022**

**41 Upper Gardiner Street**

**Dublin 1**

**Telephone: (01) 8788236**

**e-mail: [info@dctc.ie](mailto:info@dctc.ie)**

# Dublin Counselling and Therapy Centre

## Diploma Programme in Supervision 2022

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### Course Entry Criteria

This Diploma programme is open to accredited psychotherapists and counsellors who have a minimum of five years clinical experience since their accreditation. The programme is suitable for those who are intending to become supervisors as well as for those who are already practising as supervisors. All applications for entry to the course should be accompanied by a reference form completed and signed by the applicant's supervisor. As there is a limit on the number of places being offered, some applications may not be accepted.

### Course Content

The contents of the course will be drawn principally from the work of Val Wosket and Steve Page whose book "*Supervising the Counsellor and Psychotherapist, a Cyclical Model*", 3rd edition (Routledge 2015) will be the core reading text for the course. This model will provide participants with a comprehensive and systematic approach to the theory and practice of supervision, while accommodating within it other supervision approaches as well.

### Course Structure & Requirements

The course will be run over 12 months, totalling 140 hours of training between January and December 2022. These hours will be made up of an induction day, 6 training weekends and one clinical seminar day (all tutor-contact hours) as well as directed study hours and external supervision outside of the training schedule. The course induction day (January) and the clinical seminar day (June) will take place on Saturdays (full days). Each of the 6 training weekends will comprise full days on both Saturday and Sunday. Participants are required to complete 25 hours of supervision practice during the programme under both external (student's own supervisor) and internal (course tutors) supervision.

### Accreditation as a Supervisor

This Diploma Programme meets all of the training criteria for supervisor accreditation with IAHIP and is also formally recognised for supervisor accreditation by IACP.

**Venue:** Dublin Counselling & Therapy Centre, 41 Upper Gardiner Street, Dublin 1.

### **Each weekend will include:**

- Theory input/workshop presentation
- Supervised skills practice
- Group supervision (by tutors) of supervision practice undertaken outside of course hours

### **Assessment**

Assessment will be ongoing during the course and will include both theoretical and practical elements. These will include:

- Live practical assessment of supervision competence
- An essay on the theory and practice of supervision

**Successful participants will be awarded the ‘Diploma in Supervision’**

### **Course Dates 2022**

<b>January</b>	Saturday 29 <sup>th</sup>	9.30 – 5.30
<b>February</b>	Saturday 26 <sup>th</sup> & Sunday 27 <sup>th</sup>	9.30 – 5.30
<b>April</b>	Saturday 2 <sup>nd</sup> & Sunday 3 <sup>rd</sup>	9.30 – 5.30
<b>May</b>	Saturday 7 <sup>th</sup> & Sunday 8 <sup>th</sup>	9.30 – 5.30
<b>June</b>	Saturday 11 <sup>th</sup>	9.30 – 5.30
<b>September</b>	Saturday 3 <sup>rd</sup> & Sunday 4 <sup>th</sup>	9.30 – 5.30
<b>October</b>	Saturday 15 <sup>th</sup> & Sunday 16 <sup>th</sup>	9.30 – 5.30
<b>December</b>	Saturday 3 <sup>rd</sup> & Sunday 4 <sup>th</sup>	9.30 – 5.30

**Cost: €2,850                      Booking deposit with application (non-refundable): €500**

(If it is not possible to offer you a place on this course your deposit will be returned)

**To apply please submit completed Application Form, Supervisor’s Reference Form and Deposit to:**

**The Administrator  
Dublin Counselling and Therapy Centre  
41 Upper Gardiner Street  
Dublin 1**

## **Course Tutors**

**Teaching and assessment responsibilities will be shared by the following team of tutors:**

### **Maeve Lewis**

Psychotherapist and Accredited Supervisor (IAHIP).

Maeve is Director of One in Four. She is an experienced trainer of psychotherapists and supervisors and continues to practise as a psychotherapist and supervisor from a humanistic perspective. She has a particular interest in psychological trauma and has worked on numerous international projects in places such as Rwanda and Sierra Leone.

### **Mary Hilliard**

Psychotherapist and Accredited Supervisor (IAHIP).

Mary is a psychotherapist and supervisor who works from a humanistic and integrative orientation. She is an experienced trainer of psychotherapists and psychotherapy supervisors and she maintains a private practice in Dublin.

### **Brían Howlett**

Psychotherapist and Accredited Supervisor (IAHIP).

Brían is a Gestalt therapist with a background in couples therapy. He has vast experience in the training and supervision of counsellors and psychotherapists, and of clinical supervisors. He is the Centre's Training Director and is the Programme Director for the Professional Diploma in Supervision.

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